

2003 Arizona Youth Tobacco Survey

This survey is about tobacco use behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better tobacco use prevention education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write.

Answer the questions based on what you really do and know. Please answer as truthfully as you can. Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that are asked about your background will only be used to describe the types of students completing the survey. The information will not be used to find out your name. No names will ever be reported. Please read every question. With the pencil provided, please mark your best answer for that question on the answer sheet. When you are finished, follow the instructions of the person giving the survey.

**Thank you very
much for your help.**

THE FIRST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF.

- 1. How old are you?**
 - a. 12 years old or younger
 - b. 13 years old
 - c. 14 years old
 - d. 15 years old
 - e. 16 years old
 - f. 17 years old
 - g. 18 years old
 - h. 19 years old or older
- 2. What is your sex?**
 - a. Female
 - b. Male
- 3. What grade are you in?**
 - a. 6th
 - b. 7th
 - c. 8th
 - d. 9th
 - e. 10th
 - f. 11th
 - g. 12th
 - h. Ungraded or other grade
- 4. How do you describe yourself?**
(You can CHOOSE ONE ANSWER, or MORE THAN ONE)
 - a. American Indian or Alaskan Native
 - b. Asian
 - c. Black or African American
 - d. Hispanic or Latino
 - e. Native Hawaiian or Other Pacific Islander
 - f. White

- 5. Which one of these groups BEST describes you?**
(CHOOSE ONLY ONE ANSWER)
 - a. American Indian or Alaska Native
 - b. Asian
 - c. Black or African American
 - d. Hispanic or Latino
 - e. Native Hawaiian or Other Pacific Islander
 - f. White
- 6. If you are Native American, what tribe do you belong to?**
(CHOOSE ONLY ONE ANSWER)
 - a. I am not a member of a tribe.
 - b. Gila River
 - c. Hopi
 - d. Hualapai
 - e. Salt River Pima-Maricopa
 - f. Navajo
 - g. Tohono O'Odham
 - h. Other tribe
- 7. If you are Hispanic or Latino, which of these best describes the group you belong to? (CHOOSE ONLY ONE ANSWER)**
 - a. I am not Hispanic or Latino
 - b. Mexican
 - c. Central American
 - d. South American
 - e. Puerto Rican
 - f. Cuban
 - g. Other
 - h. Not sure
- 8. Which one of the following BEST describes where you live?**
 - a. In a city or town
 - b. In the country, but not on a reservation
 - c. On a reservation

9. At home, what language do you speak most often?
- a. English
 - b. Spanish
 - c. Other

THE NEXT GROUP OF QUESTIONS ASK ABOUT TOBACCO USE.

Cigarette Smoking

10. Have you ever tried cigarette smoking, even one or two puffs?
- a. Yes
 - b. No
11. How old were you when you smoked a whole cigarette for the first time?
- a. I have never smoked a whole cigarette
 - b. 8 years old or younger
 - c. 9 or 10 years old
 - d. 11 or 12 years old
 - e. 13 or 14 years old
 - f. 15 or 16 years old
 - g. 17 years old or older
12. About how many cigarettes have you smoked in your entire life?
- a. None
 - b. 1 or more puffs but never a whole cigarette
 - c. 1 cigarette
 - d. 2 to 5 cigarettes
 - e. 6 to 15 cigarettes (about ½ a pack total)
 - f. 16 to 25 cigarettes (about 1 pack total)
 - g. 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)
 - h. 100 or more cigarettes (5 or more packs)

13. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?
- a. Yes
 - b. No

14. During the past 30 days, on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

15. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- a. I did not smoke cigarettes during the past 30 days
- b. Less than 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 5 cigarettes per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarettes per day

16. During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke cigarettes during the past 30 days
- b. I do not have a usual brand
- c. Camel
- d. Marlboro
- e. Newport
- f. Virginia Slims
- g. GPC, Basic, or Doral
- h. Some other brand

17. Are the cigarettes you usually smoke menthol cigarettes?

- a. I do not smoke cigarettes
- b. Yes
- c. No

18. During the past 30 days, how did you usually get your own cigarettes? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke cigarettes during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed (or bummed) them from someone else
- f. A person 18 years old or older gave them to me
- g. I took them from a store or family member
- h. I got them some other way

19. During the past 30 days, where did you buy the last pack of cigarettes you bought? (CHOOSE ONLY ONE ANSWER)

- a. I did not buy a pack of cigarettes during the past 30 days
- b. A gas station
- c. A convenience store
- d. A grocery store
- e. A drugstore
- f. A vending machine
- g. I bought them over the Internet
- h. Other

20. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, I was asked to show proof of age
- c. No, I was not asked to show proof of age

21. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, someone refused to sell me cigarettes because of my age
- c. No, no one refused to sell me cigarettes because of my age

22. During the past 30 days, on how many days did you smoke cigarettes on school property?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

23. When was the last time you smoked a cigarette, even one or two puffs?

- a. I have never smoked even one or two puffs
- b. Earlier today
- c. Not today but sometime during the past 7 days
- d. Not during the past 7 days but sometime during the past 30 days
- e. Not during the past 30 days but sometime during the past 6 months
- f. Not during the past 6 months but sometime during the past year
- g. 1 to 4 years ago
- h. 5 or more years ago

24. How long can you go without smoking before you feel like you need a cigarette?

- a. I have never smoked cigarettes
- b. I do not smoke now
- c. Less than an hour
- d. 1 to 3 hours
- e. More than 3 hours but less than a day
- f. A whole day
- g. Several days
- h. A week or more

25. During the past 12 months, did you ever try to quit smoking cigarettes?

- a. I did not smoke during the past 12 months
- b. Yes
- c. No

26. Do you want to stop smoking cigarettes?

- a. I do not smoke now
- b. Yes
- c. No

27. Do you know of any place where you can get help to quit smoking?

- a. I do not smoke now
- b. Yes
- c. No

28. How many times, if any, have you tried to quit smoking?

- a. I have never smoked
- b. None
- c. 1 time
- d. 2 times
- e. 3 to 5 times
- f. 6 to 9 times
- g. 10 or more times

29. When you last tried to quit, how long did you stay off cigarettes?

- a. I have never smoked cigarettes
- b. I have never tried to quit
- c. Less than a day
- d. 1 to 7 days
- e. More than 7 days but less than 30 days
- f. More than 30 days but less than 6 months
- g. More than 6 months but less than a year
- h. More than a year

Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip

30. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

- a. Yes
- b. No

31. How old were you when you used chewing tobacco, snuff, or dip for the first time?

- a. I have never used chewing tobacco, snuff, or dip
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

32. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

33. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

34. During the past 30 days, how did you usually get your own chewing tobacco, snuff, or dip? (CHOOSE ONLY ONE ANSWER)

- a. I did not use chewing tobacco, snuff, or dip during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- c. I gave someone else money to buy them for me
- d. I borrowed (or bummed) them from someone else
- e. A person 18 years old or older gave them to me
- f. I took them from a store or family member
- g. I got them some other way

Cigars

35. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?

- a. Yes
- b. No

36. How old were you when you smoked a cigar, cigarillo, or little cigar for the first time?

- a. I have never smoked a cigar, cigarillo or little cigar
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

38. During the past 30 days, how did you usually get your own cigars, cigarillos, or little cigars? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke cigars, cigarillos, or little cigars during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- c. I gave someone else money to buy them for me
- d. I borrowed (or bummed) them from someone else
- e. A person 18 years old or older gave them to me
- f. I took them from a store or family member
- g. I got them some other way

Pipe

39. During the past 30 days, on how many days did you smoke tobacco in a pipe?
- a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days

Bidis and Kreteks: Bidis (or beedies) are small brown flavored cigarettes from India consisting of tobacco wrapped in leaf tied with a thread. Kreteks (also called clove cigarettes) are cigarettes containing tobacco and clove extract.

40. Have you ever tried smoking any of the following:
- a. Bidis
 - b. Kreteks
 - c. I have tried both bidis and kreteks
 - d. I have never smoked bidis or kreteks
41. During the past 30 days, on how many days did you smoke bidis?
- a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days

THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.

42. Do you think that you will try a cigarette soon?
- a. I have already tried smoking cigarettes
 - b. Yes
 - c. No

43. Do you think you will smoke a cigarette at anytime during the next year?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not

44. Do you think you will be smoking cigarettes 5 years from now?
- a. I definitely will
 - b. I probably will
 - c. I probably will not
 - d. I definitely will not

45. If one of your best friends offered you a cigarette, would you smoke it?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not

46. Have either of your parents (or guardians) discussed the dangers of tobacco use with you?
- a. Mother (female guardian) only
 - b. Father (male guardian) only
 - c. Both
 - d. Neither

47. In the past 12 months, has a doctor or someone who works in a doctor's office talked to you about the dangers of tobacco use?
- a. I haven't visited a doctor's office in the past 12 months.
 - b. Yes
 - c. No

48. In the past 12 months, has a dentist or someone who works in a dentist's office talked to you about the dangers of tobacco use?
- a. I haven't visited a dentist's office in the past 12 months.
 - b. Yes
 - c. No

49. **Can people get addicted to using tobacco just like they can get addicted to using cocaine or heroin?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

50. **Do you think young people who smoke cigarettes have more friends?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

51. **Do you think smoking cigarettes makes young people look cool or fit in?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

52. **Do you think smoking cigarettes helps people reduce stress?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

53. **Do you think smoking cigarettes helps people keep their weight down?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

54. **Do you think young people risk harming themselves if they smoke from 1 - 5 cigarettes per day?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

55. **Do you think it is safe to smoke for only a year or two, as long as you quit after that?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

56. **Do you think smoking low-tar and low-nicotine cigarettes is less harmful to your health than smoking regular cigarettes?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

57. **Do you think you would be able to quit smoking cigarettes now if you wanted to?**

- a. I do not smoke now
- b. Yes
- c. No

58. **Do you think smokeless tobacco such as chewing tobacco, snuff, or dip is addictive?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

59. **Do you think young people like yourself can help reduce tobacco use by teenagers?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

60. **Do you think that young people like yourself can do a lot to persuade grownups to pay more attention to tobacco use by teenagers?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

61. **Have you ever participated in a program to help you quit using tobacco?**
a. I have never used tobacco
b. Yes
c. No
62. **Have you ever taken a class or a course at school in which health risks of smoking or tobacco use were discussed?**
a. Yes
b. No
63. **During this school year, did you practice ways to say NO to tobacco in any of your classes (for example by, role playing)?**
a. Yes
b. No
c. Not sure
64. **During this school year, have you participated in a school event that discouraged tobacco use?**
a. Yes
b. No
c. Not sure
65. **During this school year, have you helped someone else quit using tobacco?**
a. Yes
b. No
c. Not sure
66. **During this school year, have you spoken to someone, such as a friend or family member, about not using tobacco?**
a. Yes
b. No
c. Not sure

67. **During this school year, have you participated in a club or group to discourage tobacco use?**
a. Yes
b. No
c. Not sure

THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV, AT THE MOVIES, OR ON THE INTERNET.

68. **During the past 12 months, have you participated in any community activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?**
a. Yes
b. No
c. I did not know about any activities
69. **During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?**
a. Not in the past 30 days
b. 1-3 times in the past 30 days
c. 1-3 times per week
d. Daily or almost daily
e. More than once a day
70. **When you watch TV or go to movies, how often do you see actors using tobacco?**
a. I don't watch TV or go to movies
b. Most of the time
c. Some of the time
d. Hardly ever
e. Never
71. **When you watch TV, how often do you see athletes using tobacco?**
a. I don't watch TV
b. Most of the time
c. Some of the time
d. Hardly ever
e. Never

72. When you are using the Internet, how often do you see ads for tobacco products?
- a. I don't use the Internet
 - b. Most of the time
 - c. Some of the time
 - d. Hardly ever
 - e. Never

SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.

73. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?
- a. Yes
 - b. No
74. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not

THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE.

75. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?
- a. 0 days
 - b. 1 or 2 days
 - c. 3 or 4 days
 - d. 5 or 6 days
 - e. 7 days

76. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?
- a. 0 days
 - b. 1 or 2 days
 - c. 3 or 4 days
 - d. 5 or 6 days
 - e. 7 days

77. Do you think the smoke from other people's cigarettes is harmful to you?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not

78. Does anyone who lives with you now smoke cigarettes?
- a. Yes
 - b. No

79. Does anyone who lives with you now use chewing tobacco, snuff, or dip?
- a. Yes
 - b. No

80. How many of your four closest friends smoke cigarettes?
- a. None
 - b. One
 - c. Two
 - d. Three
 - e. Four
 - f. Not sure

81. How many of your four closest friends use chewing tobacco, snuff, or dip?
- a. None
 - b. One
 - c. Two
 - d. Three
 - e. Four
 - g. Not sure

**THE LAST QUESTIONS ASK ABOUT
YOUR DENTAL HEALTH.**

- 82. How long has it been since you last visited a dentist or a dental clinic (including an orthodontist)?**
- a. Within the last year (anytime less than 12 months ago)
 - b. Within the past 2 years (1 year but less than two years ago)
 - c. Within the past 5 years (2 years but less than 5 years ago)
 - d. 5 or more years ago
 - e. Never
 - f. Don't know/ not sure
- 83. Do you believe that you have dental cavities or "holes" in any of your teeth now?**
- a. Yes
 - b. No
 - d. Don't know/not sure
- 84. Do you have any sealants (plastic coatings to prevent cavities) on your back teeth (molars)?**
- a. Yes
 - b. No
 - c. Don't know/ not sure